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Kailash Yatra from Kathmandu

A Sacred Voyage to Shiva



**KAILASH YATRA FROM
KATHMANDU**

ITINERARY



Day 1

Kathmandu. On arrival at Kathmandu get assisted transfer to the hotel. After check-in take complete rest to get acclimatized. According to the check-in time lunch will be served. By evening there will be a program briefing which will explain the whole trip details, Do's and Do Nots. Later have dinner and a night of sound sleep.



Day 2

This day will be utilized for Kathmandu Sightseeing. Full-day sightseeing in Kathmandu valley by AC coach will be arranged and Pashupatinath, Buddhanath, Swayambhunath, Jalnarayan, and Kathmandu Durbar square will be covered. Lunch will be served in between. Once done with the outside trip get back to the hotel for dinner and an overnight stay.



Day 3

Kathmandu to Lhasa. Have breakfast and check out from the hotel. You will be transferred to Kathmandu airport for boarding a flight to Lhasa, the administrative capital of Tibet. Lhasa is situated 3700m above sea level and it takes almost 1 hour and 15 minutes flight to reach there from Kathmandu. On arrival at Lhasa get assisted transfer to the hotel. Lunch will be served by that time. Check-in and relax for the remaining part of the day as altitude is increasing and you need enough rest to acclimatize. Later have dinner and sound sleep.



Day 4

This day will be spent in Lhasa sightseeing. After breakfast visits world famous Potala Palace and Jorkhang Temple & Barkhor. Lunch will be served en-route. Once the city tour is over come back to the hotel for dinner and an overnight stay.





Day 5

The team will move forward to Shigatse today. Have an early breakfast and check out from the hotel. Then drive 360 km to Shigatse via the new road, which is 3900m above sea level. En route visit Tashilungpo Monastery where the world's highest (33m) gold-gilded statue of future Buddha Maitreya is located. Lunch will be served on the way and once reached Shigatse check in for dinner and an overnight stay at the local hotel.



Day 6

On this day the transportation will be from Shigatse to Saga. After early morning breakfast and checkout drive 340km to Saga, and join the regular Kailash route. From here onwards dedicated cooks and crew will join the team and food will be freshly cooked and served every time. Once reached Saga, check in to the accommodation for an overnight stay.



Day 7

Early morning leave for Lake Manasarovar which is 4558m high from sea level and 500 km away from Saga. The travel may take up to 8-9 hours. This will be a very auspicious day for all people on the team as they are at Holy Manasarovar Lake and also get a glimpse of Mt. Kailash From Horchu Pass. Once reached stay overnight at Chhu Gumpa at the shore of lake Manasarovar.



Day 8

The whole day will be spent at Manasarovar. Pilgrims can do Puja, Havana worship, Meditation, Holy bath, etc. here. Some tend to collect stones from Manasarovar lake shore as a souvenir. Breakfast and Lunch will be served timely. By afternoon, leave



Chhu Gompa and drive to Darchen, which is 30km away and 4560m above sea level. Once reached check-in for dinner and overnight stay in the hotel.

Day 9

Today the trek begins and will be the first day of Kailash Parikrama. Darchen to Diraphuk is 18km and is a part of Kora. For the first 10 km of this way, from Darchen to Sarshung valley (Yamdwar) pilgrims can travel by vehicle. Later trek by foot begins and may take up approximately about 04 to 05 hours to Diraphuk camp (4890m). During this walk, you can see the west face of mount Kailash. Once reached Diraphuk camp you can see the north face of mountain Kailash and from here you can climb to the valley of Mt. Kailash as well. This distance is approximately 3 KM and can reach in an hour's time. Have the holy darshan of Mt. Kailash and do your Puja, Havana worship, Meditation, Shraadh, etc. Later come back to camp and start exploring the Drirapuk Monastery. This will give you a Far-distant view of Mount Kailash and Lake Manasarovar. Stay overnight at the camp here.

Day 10

Day two of the Parikrama trek will start from Drirapuk and reach Dzultripuk, which is 22km and will take 12 hours to finish. Zuthulphuk is 4790m above sea level. The most difficult part of the journey is Trek from Drirapuk to Dolma La pass. Dolma La pass is the highest point in this trip too, which is 5600m above sea level. We will offer very short prayers at Dolmala and move towards Gaurikund and climb down as fast as possible to avoid harsh climate conditions. Once reached stay overnight in the guesthouse at Zuthulphuk.

Day 11

This will be the third day of the Parikrama Trek. This starts from Dzutripuk and ends at Darchen. Today trek by foot will be 7km to Zongto and the remaining 5 kilometers to Darchen will be covered by the vehicle. There will be a lot of Mani Stones throughout your Parikrama trip. Once reached Darchen your parikrama is complete. Check in to





the hotel and rest for the remaining time of the day and the following night.

Day 12

This day morning, leave the hotel after breakfast and drive back to Shigatse. Stay overnight in a local hotel. Food will be served as per the respective timings.

Day 13

After breakfast checkout and drive to Lhasa. After lunch, you can spend time shopping. Stay overnight in the hotel in Lhasa.

Day 14

Departure from Lhasa to Kathmandu. On arrival at Kathmandu get transferred to the hotel and Stay overnight in the hotel.

Day 15

The yatra ends today. After breakfast, get assisted departure transfer to Kathmandu airport. From there continue your journey onwards with splendid and divine memories of the abode of Lord Shiva, Mount Kailash, and Holy Monassarovar Lake.





Tour Includes:

- All travel permits and all other necessary permits to Tibet.
- All entrance ticket fees for all tourist sites listed in the itinerary.
- Knowledgeable English-speaking local tour guide.
- A comfortable, clean and safe vehicle with a reliable local driver; vehicle ranging from 4WD land cruiser to minibus depending on the group size.
- All lodging listed in the itinerary.
- All meals listed in the above itinerary.
- One shared big Oxygen tank in the car.
- Tourist accident/casualty insurance;
- First aid kit.

Tour Excludes:

- Flight or train to and out of Tibet.
- Domestic flight/train to Tibet is not listed in the itinerary. (We can provide you the domestic flight/train ticket booking service at the BEST discount price; please contact us for the details.)
- Meals are not specified in the itinerary; usually, it costs about USD3-15 per person for one meal in TAR (Tibet Autonomous Region).
- Tips and gratitude to the tour guide and driver.
- Personal expenses, like laundry, phone calls, snacks, soft drinks (Strictly avoid alcoholic beverages during your trip), optional tour activities, etc.

Special Notes:

- Trekker has to carry his own backpack.
 - If someone wants porters and Ponys, they have to get it for additional charges.
 - If the climate is not suitable at the time and guests are slow walkers, we will skip/modify the itinerary.
 - Start timings for each place will be told upfront, please keep up with that.
 - Places included in the trip are normally not changeable unless some special conditions.
 - In case the trip gets canceled in between due to Government imposed restrictions, the tour cost will not be refunded.
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Package Cost:

Rs.2,10,000/person*
14N/15D

*Min 6 pax batch/MAP

*Customization of the package is possible, these costs may vary according to season and availability of services.

For more details and booking:

Theerth Yatra, Mumbai, India.

Contact Person: Madhusudan Menon,

Mob. & WhatsApp: +91 99309 63595

Email Id: info@theerthyatra.com

Web: www.theerthyatra.com



***Transportation conditions:** Kathmandu to Kathmandu will be in AC luxury 4 wheel drive vehicles. The above given details are for reference only. Cost, date, itinerary & accommodation will be finalized after the inputs from the traveler. These are seasonal vacation areas thus cost will change according to the time of travel.

